



- Drugs, alcohol & risk
- Exploitation & county lines

Health & Wellbeing

- Substance use & decision making
- Mental Health, Safety & support

Living in the Wider World

- Extremism, Radicalisation & Community Cohesion
- Rights, Responsibilities & Adult Citizenship
- Financial Independence
- Student Finance, Tax & Payslips
- Renting, Credit & Debt
- Preparing for Life After School

Life Beyond Carre's



Health & Wellbeing

- Substance Use & Managing Influence
- Substance Use & Assessing Risk
- Healthy Living While Studying
- Mental Wellbeing During Exam Pressure
- Independence, Self-Care & Adult Responsibilities

Relationships

- Healthy Intimacy, Relationships & Personal Values
- Safer Sex & Sexual Health
- Sexual Relationships & The Law
- Pregnancy Outcomes & Future Choices

Our PD curriculum is built around three key strands:

Health & Wellbeing

Relationships

Living in the Wider World including Citizenship and



Democracy



Rule of Law



Individual Liberty



Respect & Tolerance

Living in the Wider World
Preparing for GCSE's & beyond

Relationships

- Domestic Abuse & Coercive Control
- Violence Against Women & Girls
- Respect, Equality & Healthy Relationships
- Fertility, Reproductive Health & Pregnancy Choices
- Sexual Health Services & Accessing Support
- Image-Based Abuse & The Law



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Living in the Wider World

- Equality, Discrimination & Protected Characteristics
- Harmful Influences, Extremism & Misinformation
- Future Pathways & Post-16 Choices
- Employability Skills & Personal Branding
- Money, Debt & Financial Independence
- Rights, Responsibilities & The Law



Health & Wellbeing

- Language, Self-Talk & Mental Wellbeing
- Helping a Friend
- Change, Loss & Grief
- Managing Pressure & Future Challenges
- Independence, Risk & Decision Making
- Healthy Lifestyle Choices

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Living in the Wider World

- Digital Consent & Image Sharing
- Pornography & Unrealistic Expectations
- Deepfakes, Sextortion & Exploitation
- Online influences & critical thinking

Relationships

- Consent & Communication
- Pressure, Persuasion & Coercion
- Healthy vs Unhealthy Relationships
- Communication, Intimacy & Readiness

Living in the Wider World

- Group Chats, Messaging & Digital Communication
- Communities, Citizenship & Advocacy
- Exploitation Online & Offline

Relationships

- Friendship Changes & Conflict
- Positive role models
- Relationship Values
- Online Relationships & Digital Communication
- Emotional Manipulation & Harmful Behaviours
- Media, Relationships & Expectations

Health & Wellbeing

- Identity, Self-Image & Comparison
- Understanding Stress & Pressure
- Coping Strategies & Resilience
- Supporting Yourself & Others
- Alcohol, Vaping & Influence
- Medicines, Health Decisions & Risk

Living in the Wider World

- Families, Relationships & Change
- Equality, Respect & Protected Characteristics
- Gambling, Gaming & Online Spending

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- Living in the Wider World**
- Identity & Belonging
 - Diversity, Equality & Inclusion
 - Stereotypes & Assumptions
 - Changing Friendships & Independence
 - Strengths, Goals & Aspirations
 - Reflection & Personal Growth

Health & Wellbeing

- Talking About Feelings
- Managing Emotions & Coping Strategies
- Mental Health & Reducing Stigma
- Growing Up & Puberty
- Confidence, Comparison & Self-Worth
- Trusted Adults & Getting Help



Relationships

- Starting secondary school
- Relationships & teamwork
- Confidence, resilience & learning from mistakes
- Personal boundaries
- Permission & consent foundations
- Peer pressure & influence

