



Carre's Grammar School
A Robert Carre Trust School

PSHE and Citizenship Policy

Carre's Grammar School

Carre's Grammar School is a selective grammar school for boys aged 11-16 with a co-educational sixth form. The school draws its students primarily from the town of Sleaford and a rural catchment that extends well into the North Kesteven district and beyond.

At Carre's special emphasis is given to the place of Personal, Social and Health Education (PSHE) and Citizenship. It is not a subject considered on the periphery, but at the centre of the curriculum and our school ethos. This is significant as each student is entitled to a broad, balanced curriculum which "promotes the spiritual, moral, cultural, mental and physical development of students at the school and of society and prepares them for the opportunities, responsibilities and experiences of adult life" (Educational Reform Act 1988).

It has been widely recognised by the leadership of Carre's that the core and foundation subjects alone do not produce the "whole curriculum" that students need. With this in mind, PSHE and Citizenship is accommodated alongside the core and foundation curriculum in recognition of the vital contribution it makes to the total education of each student.

The Process for Policy Development

The PSHE and Citizenship policy at Carre's is reviewed and refined every two years in order to better serve and meet the needs of students in our community. The consultation process in the ongoing development and review of this policy involves consultation with the following groups:

- School Council;
- Senior Leadership Team;
- Teaching and support staff;
- Parents;
- Teaching and Learning Committee of the Governing Body.

In addition to the process described above, the approach taken in the formulation of this policy is consistent with that offered in:

- PSHE Association – PSHE Education Programme of Study (Key Stages 2 and 4)
- Department for Education website (National Curriculum)
- Association for Citizenship Teaching
- Sex Education Forum
- NCA - CEOP – The Child Exploitation and Online Protection Centre

PSHE is co-ordinated by the PSHEC/RSE Coordinator and Head of Years in collaboration with the Deputy Headteacher.



Mission Statement/Aims for PSHE and Citizenship

The aim and objectives of the Carre's PSHE and Citizenship approach is to deliver a valuable and coherent PSHE and Citizenship curriculum to all students appropriate to their age and diverse ability, with a particular focus on enabling students to:

- Know and understand what constitutes a healthy lifestyle.
- Be aware of safety issues.
- Understand what makes for good relationships with others.
- Have respect for others.
- Be independent and responsible members of the school community.
- Be positive and active members of the democratic society.
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Develop economic wellbeing and understand financial responsibility.
- Promote British Values as the core foundation of our society.

It is intended that the discrete PSHE and Citizenship curriculum will include the statutory elements of Relationships and Sex Education Policy (RSE) and independent Careers Information, Advice and Guidance (IAG).

All students have an entitlement to a quality PSHE and Citizenship programme designed to meet individual needs.

The school will ensure that materials used in delivering the PSHE and Citizenship programme are free from racial and/or gender stereotypes and that they fully support the values of equal opportunities.

School Environment, Relationships and Ethos of the School

It has been well noted that students' personal, social and emotional development can only be successfully encouraged by a supportive school ethos, where all are valued and encouraged, positive relationships are seen as vital and there is a safe and secure school environment that is conducive to learning.

The Carre's ethos, along with the quality of relationships it fosters, its concern with equality of opportunity and the values that it exemplifies are crucial factors in students' ongoing personal and social development.

At Carre's we recognise that students' personal and social development will be influenced by their gender, sexuality, racial, social, cultural or religious background. The school's structure and ethos aims to create a positive environment in which diversity is valued and access to the curriculum and community life of the school is a reality for all students. Because all aspects of school life contribute to PSHE and Citizenship, a planned whole-school approach is essential.

PSHE and Citizenship in the School Curriculum

Following the most recent curriculum review, PSHE and Citizenship is delivered to all year groups through a programme that uses a range of techniques.

Careers education is delivered through a series of discrete days appropriate to the year group concerned.

Discrete days are organised where students are off timetable and a range of talks and activities are arranged by specialist outside agencies and trained staff in school, including, but not limited to, LCC Stay Safe Partnership, PSCOs, Lincolnshire Fire and Rescue, Lincolnshire Road Safety, Big Talk Education, Lincs Integrated Sexual Health and North Kesteven District Council.

Increasingly more and more online resources are also being introduced as organisations are reducing the number of face to face sessions which are available to school, e.g. British Red Cross First Aid Champions, First aid Training.

- A significant part of the assembly rota has been allocated to PSHE and Citizenship where forms have a range of topics to discuss in assembly. These usually have a 'controversial' dimension to them to allow for a wide range of views to be presented.
- Each term a wide range of video links are provided for Tutor time to allow the students to watch short clips which address topics within the PSHE and Citizenship Curriculum. This also stimulates debate and discussion in Tutor Time.
- Throughout the academic year events to encourage community fund raising and charity are organised e.g. School sponsored walk, Carre's Charity Challenge, Sleaford Larder.
- Volunteering and Community based projects are encouraged through a wide range of activities e.g. DoE, National Citizens Service.
- The School Council meets twice a term to discuss school matters.
- Elements of the PSHE and Citizenship Curriculum are also delivered through other areas of the school curriculum e.g. Ethics and Philosophy, Science, English, PE, Computer Science. An audit has been carried out to identify areas that are addressed and areas that need to be tackled with an alternative approach.

Approaches to Teaching and Learning

- The purpose of each session is made clear to all students.
- Appropriate learning experiences are planned in order to meet the needs of all the students in the class/year group.
- Learning draws on students' own experiences or existing knowledge and provides a range of opportunities for students to learn, practise and demonstrate skills, explore attitudes and knowledge and understanding.
- Time is given for students to reflect, consolidate and apply their learning.
- Students are encouraged to take responsibility for their own learning and to assess their own progress.
- Attention is given to developing a safe and secure classroom climate.
- Staff training needs are met and evaluated in line with the aims of the PSHE and Citizenship objectives.
- A broad range of teaching and learning strategies and resources will be used in delivering the programme.
- The Carre's pastoral and student support teams lead the programme but outside visitors have a vital role in providing additional support and expertise in their relevant field. There is a school protocol for involving outside visitors.
- There are guidelines for staff on confidentiality and handling of sensitive and controversial issues and these are implemented at all times.

Celebration of Achievement- Assessment, Recording and Reporting

As with any learning process, assessment of students' personal, social and emotional and citizenship development is important. It provides information that indicates students' progress and achievement and informs the development of the programme.

At Carre's students do not pass or fail within the strands of PSHE and Citizenship that are delivered but rather they have the opportunity to reflect on their own learning and personal experiences and to set personal goals and agree strategies to reach them. The process of self-assessment and evaluation has a positive impact on a student's self-awareness and self-esteem. This will be achieved by various methods that may include:

- Student self-assessment during sessions within specific units of PSHE or as part of the school Progress Review process;
- Regular monitoring of the sessions being delivered;
- Facilitating peer assessment of staff and feedback;
- Students being invited to discuss and comment about the curriculum, through the Student Council.

Links to Other Policies

This policy can be used in isolation as a point of reference when considering the school's approach to personal and social development. It can also be viewed as part of a wider group of policies concerned with student welfare. These include:

- Relationships and Sex Education Policy (RSE)
- RCT Careers Education, Advice and Guidance Policy (IAG)
- RCT Equal Opportunities Policy
- RCT Safeguarding Policy
- RCT Anti-Bullying Policy
- Behaviour Management Policy
- RCT Health and Safety Policy
- RCT Drugs Policy

Dissemination and Review

The policy will be made available upon request to all parents of students at Carre's. This policy is available in electronic format on the school website. In addition, the information gathered through the various recording and reporting processes students, teachers and staff are engaged in will be used to inform and develop the review process.

Exceptional Circumstances – Covid-19

For the school year 2020-2021, and possibly beyond, all learning activities outlined in this policy will be subject to change in line with government guidance in relation to Covid-19. The school will continue to employ its best endeavours to ensure that students are equipped with the relevant knowledge and understanding to enable them to make safe choices and, where identified, additional measures will be put in place to help ensure our students are equipped to help deal with the additional challenges brought about by the pandemic.

Agreed by the CGS SLT March 2021

Review date: January 2023 (2 years)